



R.A.S.C.A.L.S.
RIPLEY AMATEUR SWIMMING CLUB AND LIFE SAVERS
www.ripleyrascals.org.uk

SwimMark
ESSENTIAL CLUB

Affiliated to Swim England East Midland Region and Derbyshire ASA

Licence Number: 3EM190202

RASCALS 46th Anniversary Open Meet

www.ripleyrascals.org.uk/swimming-open-events/

Saturday 5th and Sunday 6th January 2019
Arc Leisure Matlock
Bakewell Road, Matlock, Derbyshire, DE4 3AZ

Events Available at the Competition

For all ages 9+ on the 06/01/19 (9 years cannot swim 400m events):

50m: Butterfly, Backstroke, Breaststroke & Freestyle
100m: Butterfly, Backstroke, Breaststroke, Freestyle & Individual Medley
200m: Butterfly, Backstroke, Breaststroke, Freestyle & Individual Medley
400m: Freestyle

** The fastest 6 swimmers in each age category will receive an award. **

** All events Heat Declared Winner (HDW). **

** One of the last chances to gain or improve 2019 County qualifying times. **

** Early chance to gain or improve 2019 Regional qualifying times. **

** 8 lane, 25m swimming pool with Daktronics Electronic Timing. **





Schedule of Events

Session One: Saturday 5th January 2019 – 5:00pm Warm Up, 5.30pm Start (TBC).

Level 3 Licence: 3EM190202

101. Boys 400m Freestyle
102. Girls 200m Breaststroke
103. Boys 200m Butterfly
104. Girls 400m Freestyle
105. Boys 200m Backstroke
106. Girls 200m Butterfly
107. Boys 200m Breaststroke
108. Girls 200m Backstroke

Session Two: Sunday 6th January 2019 - 8:30am Warm Up, 9:30am Start.

Level 3 Licence: 3EM190202

201. Boys 200m Freestyle
202. Girls 200m Individual Medley
203. Boys 50m Backstroke
204. Girls 50m Freestyle
205. Boys 100m Butterfly
206. Girls 100m Freestyle
207. Boys 50m Breaststroke
208. Girls 50m Butterfly
209. Boys 100m Breaststroke
210. Girls 100m Backstroke
211. Boys 100m Individual Medley

Session Three: Sunday 6th January 2019 - 1:00pm Warm Up, 2:00pm Start (TBC).

Level 3 Licence: 3EM190202

301. Girls 200m Freestyle
302. Boys 200m Individual Medley
303. Girls 50m Backstroke
304. Boys 50m Freestyle
305. Girls 100m Butterfly
306. Boys 100m Freestyle
307. Girls 50m Breaststroke
308. Boys 50m Butterfly
309. Girls 100m Breaststroke
310. Boys 100m Backstroke
311. Girls 100m Individual Medley



Meet Rules and Information

1. The competition will be held under ASA Laws and Technical Rules.
2. Age groups are based on ages at 06/01/2019 (9yrs must be 9 by 06/01/2019).
3. Officials will be from the County and Regional lists as applicable.
4. Application for entry must have been correctly submitted by the specified date and accepted by the Promoter. The Promoter reserves the right to reject any entry or to limit the number of entries to the event. This will be done on a first come first served basis. Entry times of swimmers should not be faster than the upper limit time (ULT).
5. The event will be licensed at level 3 (3EM190202).
6. Heats will be arranged according to submitted entry times. All swimmers must submit a time for all events they wish to enter.
7. All starts will be into deep water.
8. Over the top and side by side starts may be used at the Promoter's discretion.
9. All events are Heat Declared Winners.
10. The fastest 6 swimmers in each age category, will receive an award. Swimmers exceeding the ULT by greater than two seconds will receive a special certificate award.
11. A. Age group awards for the Saturday events are: 12y & Under and 13y & Over.
B. Age group awards for the Sunday events are: 9, 10, 11, 12, 13, 14 and 15+.
12. Entry cards will not be in use for this meet. Any withdrawals from the event should be made before the warm up of the session in which the event takes place. Withdrawals before the day should be made by e-mail to: openentries@ripleyrascals.org.uk . Withdrawals on the day should be made in person at the records desk.
13. Awards will be available for collection throughout the day.
14. Entry Fee is £6.00 per event.



15. Poolside Passes:

- Saturday: are £5.00 each (this includes a full start list and poolside access).
- Sunday: are £15.00 each (this includes a full start list, poolside access and lunch). Passes are limited to: 1-10 entrants max 2 passes, 11-20 entrants max 3 passes, 21+ max 4 passes (if considerably higher entrant numbers please enquire).

16. Spectator admission:

- Saturday: £3 for the session, 8 years & under free.
- Sunday: £8 all day, £5 single session, 8 years & under free.

17. Entry Procedure: No entry will be accepted unless the correct fee is enclosed.

CLOSING DATE FOR ENTRIES IS **Friday 14th December 2018** or when the meet is full.

No Refunds will be made for cancellation of accepted entries after the closing date.

Cheques should be made payable to RASCALS and should be accompanied by either an Entry Form which can be printed off the website (for individual entries) or Summary Form and Sport Systems Entries Report (for group entries).

Entry forms and fees should be sent to:

RASCALS Open Entries
29a Derby Road
Swanwick
Alfreton
Derbyshire
DE55 1AB

Where possible, entries will be acknowledged via email.

18. Only swimmers, officials and coaches with passes will be allowed on the poolside.
19. The small pool will be out of bounds throughout the day. All swimmers must abide by this and the other health and safety rules that are displayed on poolside. No glass on poolside. Large bags, chairs and food should not be taken onto poolside; the sports hall is available for this purpose. Shoes must be worn in all other areas of the leisure centre.



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20. Coaches/Team Managers are responsible for the good behaviour and whereabouts of their swimmers at all times.
21. We request that clubs try to provide at least 1 official for every 10 swimmers. Please email the promoter with names and qualifications. Thank you in advance for your support with this. We can also offer training opportunities for officials as required.
22. Anything not covered within the above will be at the discretion of the Promoters, RASCALS.
23. GDPR notice: -

By entering this competition, participants agree that we may publish their personal information as part of the results of the event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, occupation and age category.



Entry Form

Rascals 46th Anniversary Open Meet

Saturday 5th & Sunday 6th January 2019

Closing Date: Friday 14th December 2018

Swim England Registration Number:	
Full Name:	
DOB:	Age on 06/01/2019:
Male / Female (delete as appropriate)	
Contact Address:	
E-mail Address:	
Club:	

Event	50m Time (all ages)	100m Time (all ages)	200m Time (all ages)	400m Time (10 & Over)
Freestyle				
Backstroke				
Breaststroke				
Butterfly				
IM				

Please send completed form and monies (£6.00 per event) to RASCALS Open Entries, 29a Derby Road, Swanwick, Alfreton, Derbyshire, DE55 1AB

Signed _____ Date _____

I enclose a cheque for £ _____ (payable to RASCALS)

If you have any officials willing to assist on the day please e-mail: openentries@ripleyrascals.org.uk





Upper Limit 'Cut Off' Times

Entries must not be faster than the upper limit times (ULT), published below. Entries will be on a first come first served basis. Entries may be limited due to session time constraints.
 9 year old swimmers cannot swim 400m Freestyle.

Boys							Event	Girls						
9yr	10yr	11yr	12yr	13yr	14yr	15/over		9yr	10yr	11yr	12yr	13yr	14yr	15/over
ULT	ULT	ULT	ULT	ULT	ULT	ULT		ULT	ULT	ULT	ULT	ULT	ULT	ULT
33.6	31.1	29.6	27.9	26.6	25.6	24.6	50 Fr	33.9	31.4	30.0	28.6	27.9	27.5	27.4
1.10.9	1.07.8	1.01.3	1.00.3	57.1	55.4	53.1	100 Fr	1.13.2	1.09.0	1.03.5	1.02.5	1.00.4	59.4	58.4
2.41.4	2.26.1	2.11.0	2.11.0	2.04.2	2.00.1	1.55.3	200 Fr	2.43.0	2.26.5	2.14.0	2.14.0	2.09.8	2.08.0	2.05.3
44.4	41.0	38.5	36.1	33.8	32.5	31.4	50 Brst	45.0	41.0	38.5	36.4	35.2	34.5	34.0
1.34.9	1.29.3	1.18.1	1.18.1	1.13.0	1.10.6	1.07.0	100 Brst	1.35.5	1.29.6	1.19.5	1.19.5	1.16.7	1.15.5	1.13.9
39.1	36.0	34.1	32.3	30.4	29.4	28.4	50 Bc	39.2	35.9	34.0	32.5	31.6	31.0	30.7
1.26.1	1.18.3	1.08.7	1.08.7	1.04.7	1.02.2	59.3	100 Bc	1.26.0	1.18.1	1.09.7	1.09.7	1.07.5	1.06.3	1.04.8
38.3	34.9	32.8	31.1	29.3	28.1	27.1	50 Fly	38.7	34.8	33.1	31.4	30.5	29.9	29.4
1.27.3	1.19.6	1.08.7	1.08.7	1.04.0	1.01.5	58.4	100 Fly	1.27.0	1.19.3	1.09.8	1.09.8	1.07.4	1.06.1	1.04.6
1.28.6	1.20.0	1.09.5	1.09.0	1.06.5	1.03.2	1.00.0	100 IM	1.28.3	1.19.7	1.10.7	1.10.7	1.08.0	1.06.8	1.05.5
3.03.6	2.48.1	2.29.5	2.29.5	2.21.4	2.16.7	2.10.7	200 IM	3.05.1	2.47.4	2.31.6	2.31.6	2.27.3	2.25.0	2.22.0

Boys			Event	Girls	
12yrs / under	13yrs / over			12yrs / under	13yrs / over
ULT	ULT			ULT	ULT
	4.30.0	4.05.0	400 Fr	4.37.0	4.14.0
	2.48.8	2.26.3	200 Brst	2.50.0	2.39.7
	2.26.7	2.08.1	200 Bc	2.28.8	2.18.6
	2.32.3	2.09.3	200 Fly	2.34.4	2.21.4



Poolside Pass Request Form

Poolside Passes include entry to poolside and a full start list
(plus lunch on Sunday).

Club:	
Number of Saturday Passes required: (£5.00 each)	
Number of Sunday Passes required: (£15.00 each)	
Number of Swimmers:	
Name:	
Contact Details	

Please return form and cheque to:

RASCALS Open Entries, 29a Derby Road, Swanwick, Alfreton, Derbyshire, DE55 1AB

(Cheques made payable to RASCALS)





Entry Summary Form

(To be filled in when submitting electronic entry, along with the Poolside Pass Request Form).

Club

Contact Name

Telephone Number

Email Address

Individual Male Entries: @ £6.00 each Sub Total

Individual Female Entries: @ £6.00 each Sub Total

Saturday Poolside Passes:..... @ £5.00 each Sub Total

Sunday Poolside Passes:..... @ £15.00 each Sub Total

Total Cheque Enclosed: £

Please return form and cheque to:

RASCALS Open Entries, 29a Derby Road, Swanwick, Alfreton, Derbyshire, DE55 1AB

(Cheques made payable to RASCALS)

If you have any officials willing to help, or if you wish to make payment by direct bank transfer, please e-mail openentries@ripleyrascals.org.uk for details.

